

Gerick's Triathlon at Wasa 2005

12-Jun-05

Wasa Lake Park, BC, Canada

Results by Results Canada 1-780-416-5124

Short Course Distance Triathlon

Pos	Time	Name	City	race #	500m			20 km			5km			
					swim	SWIM	/100m	bike	BIKE	km/hr	run	RUN	/km	
					Place	Time		Place	Time		Place	Time		
1	1:05:34	Stephen MACDONALD	Calgary	1/11 Men 30-39	236	17	10:13	2:03	2	35:18:00	34	2	20:04	4:01
2	1:06:52	Michael HOUSTON	Victoria	1/8 Men 16-29	169	14	10:06	2:02	3	35:36:00	33.7	5	21:11	4:15
3	1:06:58	Jason ENGLISH	Calgary	2/8 Men 16-29	157	9	9:01	1:49	4	36:26:00	32.9	6	21:32	4:19
4	1:08:37	Sherrri BUCHIGNANI	Calgary	1/32 Women 30-39	147	8	8:58	1:48	1	35:07:00	34.2	22	24:33:00	4:55
5	1:09:17	Duncan MAISELS	Fernie	1/14 Men 40-49	235	5	8:24	1:41	9	38:50:00	30.9	10	22:04	4:25
6	1:09:33	Gordon CRAIG	Calgary	1/4 Men 50+	152	24	10:37	2:08	5	37:52:00	31.7	4	21:05	4:13
7	1:10:26	Joseph POWER	Edmonton	3/8 Men 16-29	211	7	8:44	1:45	7	38:46:00	31	15	22:57	4:36
8	1:10:38	Nick BRUSH	Panorama	4/8 Men 16-29	145	13	10:06	2:02	11	39:33:00	30.3	3	21:00	4:12
9	1:10:58	Scott JOHNSON	Missoula	5/8 Men 16-29	174	1	7:29	1:30	6	38:16:00	31.4	26	25:14:00	5:03
10	1:11:14	Nikki NORRIE	Fernie	2/32 Women 30-39	206	10	9:18	1:52	14	40:05:00	29.9	8	21:52	4:23
11	1:11:19	Annie SEWELL	St. Ignatius	1/12 Women 16-29	217	16	10:12	2:03	18	41:07:00	29.2	1	20:01	4:01
12	1:11:31	Mike BERING	Medicine Hat	2/11 Men 30-39	141	20	10:24	2:05	10	39:04:00	30.7	9	22:03	4:25
13	1:11:40	Sean COLLINS	Calgary	2/14 Men 40-49	242	3	8:14	1:39	12	39:35:00	30.3	20	23:52	4:47
14	1:13:49	Russell WILLIAMS	Missoula	6/8 Men 16-29	230	4	8:19	1:40	8	38:47:00	30.9	40	26:44:00	5:21
15	1:14:52	Patrick SEWELL	St. Ignatius	3/11 Men 30-39	218	45	11:36	2:20	19	41:33:00	28.9	7	21:44	4:21
16	1:15:37	Mary MORANDIN	Milton	2/12 Women 16-29	203	55	12:12	2:27	15	40:12:00	29.9	17	23:13	4:39
17	1:16:48	Mike KOSOF	Nelson	3/14 Men 40-49	179	57	12:14	2:27	17	41:07:00	29.2	19	23:29	4:42
18	1:17:14	Rick VORNBROCK	Lethbridge	4/14 Men 40-49	228	12	10:04	2:01	39	45:03:00	26.6	11	22:07	4:26
19	1:17:41	Matt MCCULLOCH	Calgary	4/11 Men 30-39	198	31	10:59	2:12	24	42:33:00	28.2	21	24:10:00	4:50
20	1:17:55	Alison JAMISON	Calgary	3/12 Women 16-29	172	32	11:01	2:13	22	42:04:00	28.5	24	24:50:00	4:58
21	1:18:57	Steve FOWLES	Kamloops	5/14 Men 40-49	159	59	12:25	2:29	30	43:49:00	27.4	14	22:44	4:33
22	1:19:22	Nancy JENKINSON	Invermere	1/11 Women 40-49	173	18	10:14	2:03	33	44:26:00	27	23	24:43:00	4:57
23	1:19:23	Robert BISSONETTE	Elkford	7/8 Men 16-29	142	2	7:40	1:32	37	44:44:00	26.8	44	27:00:00	5:24
24	1:19:30	Jennifer JOHNSTONE-SCO	Airdrie	3/32 Women 30-39	241	6	8:26	1:42	21	41:55:00	28.6	63	29:10:00	5:50
25	1:20:24	Denise PEEBLES	Kimberley	4/32 Women 30-39	207	28	10:50	2:10	28	43:34:00	27.5	34	26:01:00	5:13
26	1:20:26	John NIELSEN	Cranbrook	2/4 Men 50+	205	81	14:26	2:54	13	39:49:00	30.1	36	26:12:00	5:15
27	1:20:33	Graham KENDALL	Creston	6/14 Men 40-49	176	66	12:55	2:35	20	41:53:00	28.7	31	25:46:00	5:10
28	1:20:52	Ann BURRAGE	Calgary	2/11 Women 40-49	234	36	11:10	2:14	26	42:36:00	28.2	45	27:07:00	5:26
29	1:20:53	Chris LALONDE	Nelson	3/11 Women 40-49	182	35	11:10	2:14	32	44:25:00	27	28	25:19:00	5:04
30	1:21:13	Simon AGUIRRE	Wasa	5/11 Men 30-39	135	38	11:12	2:15	57	47:36:00	25.2	13	22:26	4:30
31	1:21:18	Christy ANDERSON	Rossland	5/32 Women 30-39	137	25	10:39	2:08	29	43:46:00	27.4	42	26:54:00	5:23
32	1:21:59	Mackenzie BRUSH	Panorama	1/1 Men 10-15	146							12	22:24	4:29
33	1:22:11	Kevin PASCO	Creston	7/14 Men 40-49	240	54	12:09	2:26	38	44:46:00	26.8	27	25:17:00	5:04
34	1:22:38	Nick YALON	Missoula	6/11 Men 30-39	243	68	13:10	2:38	25	42:34:00	28.2	43	26:55:00	5:23
35	1:22:53	Ellen FRANCIS	Calgary	4/12 Women 16-29	160	39	11:19	2:16	27	42:58:00	27.9	59	28:37:00	5:44
36	1:22:56	Denise LONGHURST	Banff	4/11 Women 40-49	190	69	13:15	2:39	31	44:18:00	27.1	29	25:23:00	5:05

37	1:23:06	Michelle GRAY	Kimberley	6/32	Women 30-39	165	71	13:25	2:41	49	46:25:00	25.9	18	23:16	4:40
38	1:23:26	Larry GRANT	Kamloops	7/11	Men 30-39	164	78	14:02	2:49	16	40:17:00	29.8	62	29:08:00	5:50
39	1:24:12	Tara MCKAY	Calgary	1/4	Women 50+	200	44	11:35	2:19	52	46:53:00	25.6	30	25:44:00	5:09
40	1:24:16	Frances CAMERON	Rossland	5/12	Women 16-29	151	49	11:56	2:24	43	45:35:00	26.3	41	26:45:00	5:21
41	1:24:20	Ian MILLER	Lethbridge	8/11	Men 30-39	202	30	10:58	2:12	56	47:25:00	25.3	33	25:58:00	5:12
42	1:24:31	Sarah KORVEN	Victoria	6/12	Women 16-29	231	46	11:36	2:20	50	46:37:00	25.7	37	26:20:00	5:16
43	1:24:43	Carolyn DEERING	Williams Lak	7/32	Women 30-39	154	63	12:43	2:33	36	44:33:00	26.9	46	27:27:00	5:30
44	1:25:04	Philip BOYER	Fairmont Hot	8/14	Men 40-49	144	33	11:04	2:13	45	46:13:00	26	50	27:48:00	5:34
45	1:25:44	Wendi NAGLE	Rossland	8/32	Women 30-39	204	29	10:51	2:11	48	46:22:00	25.9	57	28:33:00	5:43
46	1:25:54	Cherie L. GEERING	Edmonton	9/32	Women 30-39	162	64	12:48	2:34	40	45:11:00	26.6	52	27:56:00	5:36
47	1:26:00	Lisa VANDERGOUWE	Coaldale	5/11	Women 40-49	225	37	11:12	2:15	51	46:43:00	25.7	56	28:06:00	5:38
48	1:26:20	Jeff HEIM	Calgary	9/11	Men 30-39	168	56	12:13	2:27	59	48:14:00	24.9	32	25:53:00	5:11
49	1:26:34	TEENS TLT	Creston			224	21	10:27	2:06	60	48:23:00	24.8	48	27:45:00	5:33
50	1:26:49	Geoff WHITTAKER	Calgary	9/14	Men 40-49	229	79	14:04	2:49	58	47:53:00	25.1	25	24:53:00	4:59
51	1:26:55	Leslie VISSERS	Nelson	10/32	Women 30-39	227	50	11:57	2:24	54	47:06:00	25.5	51	27:52:00	5:35
52	1:27:11	Bozena GILLESPIE	Calgary	6/11	Women 40-49	163	58	12:16	2:28	42	45:35:00	26.3	64	29:20:00	5:52
53	1:27:33	Lisa MATSUBA	Edmonton	11/32	Women 30-39	195	22	10:33	2:07	63	49:05:00	24.4	53	27:56:00	5:36
54	1:28:12	Sumarie LE ROUX	Creston	7/11	Women 40-49	185	40	11:21	2:17	65	50:42:00	23.7	35	26:10:00	5:14
55	1:28:18	Rob VEG	Cranbrook	10/11	Men 30-39	226	26	10:46	2:10	47	46:20:00	25.9	68	31:13:00	6:15
56	1:28:26	Kirk LIVINGSTON	Coaldale	10/14	Men 40-49	187							16	23:07	4:38
57	1:28:35	Andrea WINCKERS	Rossland	12/32	Women 30-39	239	43	11:33	2:19	53	47:00:00	25.5	66	30:03:00	6:01
58	1:28:36	Darlene RUSSELL	Cranbrook	13/32	Women 30-39	213	72	13:27	2:42	55	47:14:00	25.4	54	27:56:00	5:36
59	1:29:09	Kriegler LE ROUX	Creston	11/14	Men 40-49	184	75	13:41	2:45						
60	1:30:03	Michele MARTIN	Calgary	14/32	Women 30-39	194	62	12:43	2:33	41	45:24:00	26.4	74	31:57:00	6:24
61	1:30:33	Anna BUSHNELL	Lake Louise	15/32	Women 30-39	148							49	27:46:00	5:34
62	1:30:40	Rita SIDDALL	Rossland	7/12	Women 16-29	221	70	13:16	2:40	34	44:28:00	27	78	32:57:00	6:36
63	1:30:40	Sarah BLUE	Calgary	12/12	Women 16-29	143	51	11:58	2:24	62	49:02:00	24.5		29:40:00	5:56
64	1:30:58	Racheal BUTZ	Cranbrook	8/12	Women 16-29	238	15	10:07	2:02	66	50:48:00	23.6	67	30:04:00	6:01
65	1:31:36	Erin HUBER	Calgary	9/12	Women 16-29	232	19	10:19	2:04	75	54:51:00	21.9	39	26:26:00	5:18
66	1:31:41	Daria LAUER	Cranbrook	16/32	Women 30-39	233	41	11:23	2:17	74	53:53:00	22.3	38	26:26:00	5:18
67	1:32:18	Corilee ALLAN	Rossland	17/32	Women 30-39	136	74	13:36	2:44	44	46:05:00	26	77	32:38:00	6:32
68	1:33:17	Tanya LABRECQUE	Calgary	19/32	Women 30-39	181	60	12:33	2:31	61	48:53:00	24.5	73	31:52:00	6:23
69	1:33:57	Gwynneth LOCHHEAD	Calgary	20/32	Women 30-39	189	73	13:32	2:43	71	52:27:00	22.9	55	27:59:00	5:36
70	1:34:07	Mary KENNES	Lethbridge	2/4	Women 50+	177	67	13:03	2:37	70	52:23:00	22.9	60	28:43:00	5:45
71	1:35:29	Jan LESLIE	Castlegar	21/32	Women 30-39	186	77	14:01	2:49	35	44:33:00	26.9	89	36:56:00	7:24
72	1:35:51	Paul DE GUISE	Faimont	12/14	Men 40-49	153							80	33:26:00	6:42
73	1:36:26	Marcy KAIN	Lethbridge	22/32	Women 30-39	175	53	12:06	2:26	68	51:48:00	23.2	76	32:33:00	6:31
74	1:38:16	Christina FRASER	Calgary	3/4	Women 50+	161							47	27:40:00	5:32
75	1:38:24	Deanne LUECK	Calgary	23/32	Women 30-39	191	47	11:38	2:20	78	58:12:00	20.6	58	28:35:00	5:43
76	1:38:29	Ian RUFÉ	Missoula	8/8	Men 16-29	244	61	12:41	2:33	72	53:49:00	22.3	75	32:00:00	6:24
77	1:38:39	Joeleen MANN	Cranbrook	24/32	Women 30-39	192	48	11:49	2:22	64	49:17:00	24.3	92	37:34:00	7:31
78	1:39:21	Marilyn SAWFORD	Calgary	4/4	Women 50+	216	42	11:27	2:18	67	51:03:00	23.5	88	36:51:00	7:23
79	1:39:40	Alana MCDONALD	Edmonton	10/12	Women 16-29	199	80	14:21	2:53	77	55:46:00	21.5	65	29:34:00	5:55
80	1:40:34	Karen KETTENACKER	Cranbrook	8/11	Women 40-49	178	34	11:09	2:14	76	55:07:00	21.8	81	34:19:00	6:52
81	1:40:46	Howard STOLZ	Medicine Hat	3/4	Men 50+	223							82	35:06:00	7:02
82	1:40:49	Robert HARVIE	Lethbridge	13/14	Men 40-49	166	27	10:48	2:10	46	46:13:00	26	96	43:49:00	8:46

83	1:40:55	Denise CALLANDER	Fort Saskatc	9/11	Women 40-49	150						72	31:50:00	6:22	
84	1:41:13	Christine ARMOUR	Cranbrook	25/32	Women 30-39	138	52	12:01	2:25	73	53:50:00	22.3	84	35:23:00	7:05
85	1:41:14	Rieva MCCUAIG	Kimberley	26/32	Women 30-39	197							70	31:24:00	6:17
86	1:41:26	Rachel PHILLIPS	Calgary	11/12	Women 16-29	208	42	11:32	2:18	68	51:14:00	22.8	95	38:39:00	7:44
87	1:42:03	Rhonda SHYPITKA	Calgary	27/32	Women 30-39	220	11	9:49	1:58	80	3:24	18.9	61	28:50:00	5:46
88	1:43:05	Rhonda SAGE	Invermere	10/11	Women 40-49	214	76	13:46	2:46	69	52:20:00	22.9	90	37:00:00	7:24
89	1:43:06	Stephanie RELLAND	Edmonton	28/32	Women 30-39	212							85	35:31:00	7:07
90	1:43:25	Erika PLOSA	Liberty Lake	29/32	Women 30-39	237							87	36:47:00	7:22
91	1:44:05	Agnes LIVINGSTON	Coaldale	11/11	Women 40-49	188							69	31:18:00	6:16
92	1:45:51	Richard LABRECQUE	Fairmont	11/11	Men 30-39	180							71	31:30:00	6:18
93	1:50:13	Tom PHILLIPS	Calgary	4/4	Men 50+	209							91	37:14:00	7:27
94	1:52:01	Martin MCKENNA	Creston	14/14	Men 40-49	201							79	33:21:00	6:41
95	1:52:35	Tania DOERKSEN	Fort McMurra	30/32	Women 30-39	155							83	35:21:00	7:05
96	1:52:44	Jenine SMALL	Calgary	31/32	Women 30-39	222	23	10:36	2:08	81 1:	3:45	18.8	94	38:23:00	7:41
97	1:53:09	Candace IVANCO-BOUTOT	Fairmont Hot	32/32	Women 30-39	171	65	12:50	2:34	79 1:	2:05	19.3	93	38:15:00	7:39
DNF	1:33:00	Sarah R. MARTIN	Calgary	18/32	Women 30-39	193	82	14:43	2:57	23	42:10:00	28.5	86	36:08:00	7:14