

Gerick's Rocky Mountain Triathlon www.rmevents.com

June 13, 2004

Wasa Lake Provincial Park (Cranbrook), BC

Results by "Results Canada" 1-780-416-5124

Olympic Distance Triathlon Results

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>City</u>	<u>Place in Cat</u>	<u>Race #</u>	<u>1.5 KM SwimTime</u>	<u>Place Overall</u>	<u>Pace /100m</u>	<u>40 KM Bike Time</u>	<u>Pace km/hr</u>	<u>Place Overall</u>	<u>10km Run Time</u>	<u>Place Overall</u>	<u>Pace/ km</u>
1	1:52:36	Matt SEELEY	Polson	1/18 Men 30-34	100	19:42	9	1:19	57:11:00	42	1	35:43:00	3	3:35
2	1:54:06	Paul KROCHAK	Vancouver	1/16 Men 25-29	166	19:44	10	1:19	59:01:00	40.7	2	35:23:00	2	3:33
3	1:57:12	Sean L. MARLOWE	Victoria	1/13 Men 20-24	88	17:43	1	1:11	1:03:16	37.9	9	36:14:00	7	3:38
4	1:57:44	Scott CURRY	Vancouver	2/16 Men 25-29	208	19:03	5	1:17	1:01:55	38.8	3	36:48:00	9	3:41
5	1:58:01	Travis CHATER	Victoria	2/13 Men 20-24	67	17:48	2	1:12	1:04:20	37.3	13	35:54:00	4	3:36
6	1:58:39	Aaron WEBB	Pugwash	3/16 Men 25-29	103	19:50	12	1:20	1:02:29	38.4	5	36:20:00	8	3:38
7	1:59:37	Kevin CUTJAR	Penticton	1/22 Men 35-39	2	20:41	16	1:23	1:02:48	38.2	7	36:09:00	6	3:37
8	2:00:41	Jon BENSKIN	Victoria	3/13 Men 20-24	68	19:48	11	1:20	1:02:54	38.2	8	38:00:00	13	3:48
9	2:00:55	Tony SMITH	Calgary	2/22 Men 35-39	23	19:42	8	1:19	1:04:00	37.5	11	37:13:00	11	3:44
10	2:02:30	Jonathan CARON	Victoria	4/16 Men 25-29	234	19:03	6	1:17	1:03:43	37.7	10	39:45:00	24	3:59
11	2:02:49	Colin MCARTHUR	Cranbrook	5/16 Men 25-29	83	20:50	17	1:24	1:05:05	36.9	16	36:55:00	10	3:42
12	2:04:00	Seth BITTING	Calgary	2/18 Men 30-34	202	21:53	30	1:28	1:02:31	38.4	6	39:37:00	22	3:58
13	2:04:35	Ben COTTER	Calgary	6/16 Men 25-29	91	21:19	23	1:26	1:04:45	37.1	15	38:31:00	15	3:52
14	2:05:35	Adam JENSEN	Missoula	4/13 Men 20-24	194	23:42	48	1:35	1:02:19	38.5	4	39:35:00	21	3:58
15	2:06:13	Jeff CINOSKI	Missoula	5/13 Men 20-24	183	21:18	21	1:26	1:04:39	37.1	14	40:17:00	29	4:02
16	2:06:20	Todd STRUCKMAN	Missoula	3/18 Men 30-34	240	22:12	32	1:29	1:05:46	36.5	22	38:23:00	14	3:51
17	2:06:42	Suzanne WECKEND	Victoria	1/17 Women 25-29	231	18:03	3	1:13	1:08:13	35.2	33	40:27:00	32	4:03
18	2:06:46	Chris VANDER LINDEN	Missoula	1/4 Men 16-19	195	21:21	25	1:26	1:06:31	36.1	25	38:55:00	19	3:54
19	2:07:04	Geoff BADGER	Calgary	3/22 Men 35-39	21	21:22	26	1:26	1:07:03	35.8	29	38:40:00	17	3:52
20	2:07:47	Jeff WHITE	Victoria	7/16 Men 25-29	66	22:33	37	1:31	1:07:41	35.5	31	37:33:00	12	3:46
21	2:08:03	Carson BANNON	Calgary	6/13 Men 20-24	196	21:27	27	1:26	1:06:06	36.3	24	40:31:00	33	4:04
22	2:08:29	Michael GORDON	Missoula	8/16 Men 25-29	197	23:54	54	1:36	1:08:37	35	34	35:59:00	5	3:36
23	2:08:31	Chad JOHNSTON	Calgary	4/22 Men 35-39	117	25:39:00	82	1:43	1:04:07	37.4	12	38:47:00	18	3:53
24	2:08:35	Paul ANDERSON	Calgary	1/22 Men 40-44	92	22:36	39	1:31	1:05:42	36.5	20	40:18:00	30	4:02
25	2:09:05	Elliot BASSETT	Missoula	7/13 Men 20-24	182	23:05	45	1:33	1:05:44	36.5	21	40:17:00	28	4:02
26	2:09:12	Francois LASCELLES	Kelowna	5/22 Men 35-39	131	20:53	19	1:24	1:05:10	36.8	17	43:10:00	55	4:19
27	2:09:16	Graham BASKETT	Missoula	2/4 Men 16-19	181	22:28	35	1:30	1:06:46	36	26	40:02:00	25	4:01
28	2:09:19	Jared GREEN	Calgary	9/16 Men 25-29	15	23:52	52	1:36	1:06:56	35.9	28	38:32:00	16	3:52
29	2:09:53	Barry EMERSON	Lethbridge	1/22 Men 45-49	111	20:09	15	1:21	1:06:47	35.9	27	42:58:00	53	4:18
30	2:10:13	Brent ROGERS	Westbank	2/22 Men 40-44	199	22:32	36	1:31	1:05:50	36.5	23	41:52:00	44	4:12
31	2:10:24	Cherie COOPER	Marysville	1/22 Women 35-39	1	24:11:00	63	1:37	1:05:30	36.7	19	40:44:00	35	4:05
32	2:12:25	Tanya SALOMON	Calgary	1/19 Women 30-34	14	24:07:00	58	1:37	1:07:52	35.4	32	40:27:00	31	4:03

33	2:12:40	Murray BARKER	Medicine Hat	3/22	Men 40-44	193	24:07:00	59	1:37	1:09:39	34.5	37	38:56:00	20	3:54
34	2:12:49	Marcus LEMASTER	Calgary	6/22	Men 35-39	144	20:09	14	1:21	1:11:29	33.6	43	41:11:00	40	4:08
35	2:13:28	BROOKVIEW BOMBERS	Castlegar	1/4	Teams M2	322	21:27	28	1:26	1:10:27	34.1	40	41:34:00	42	4:10
36	2:14:29	Linda CUDA	Calgary	2/22	Women 35-39	24	23:49	49	1:36	1:09:19	34.6	36	41:21:00	41	4:09
37	2:14:29	THE JETLAGGERS	Marysville	1/4	Teams F2	307	24:11:00	62	1:37	1:05:12	36.8	18	45:07:00	73	4:31
38	2:14:43	Geoff HOPFNER	Calgary	8/13	Men 20-24	180							40:07:00	26	4:01
39	2:15:22	Hartley TIM	Edmonton	4/18	Men 30-34	206	22:16	34	1:30	1:11:02	33.8	41	42:04:00	45	4:13
40	2:16:58	Ted BURNHAM	Kalispell	7/22	Men 35-39	241	22:14	33	1:29	1:15:04	32	73	39:42:00	23	3:59
41	2:18:01	Shannon WICKS	Calgary	10/16	Men 25-29	128	24:17:00	67	1:38	1:08:54	34.8	35	44:52:00	70	4:30
42	2:18:06	Regan PETELSKI	Victoria	2/17	Women 25-29	71	19:01	4	1:17	1:14:04	32.4	61	45:01:00	72	4:31
43	2:18:26	Sean ORB	Valemount	11/16	Men 25-29	45	20:53	18	1:24	1:11:31	33.6	44	46:03:00	81	4:37
44	2:18:50	Patrick GRAHAM	Vancouver	12/16	Men 25-29	233	30:39:00	156	2:03	1:07:18	35.7	30	40:54:00	37	4:06
45	2:19:04	Catherine BROWN	Calgary	1/5	Women 20-24	207	22:35	38	1:31	1:13:43	32.6	59	42:47:00	50	4:17
46	2:19:09	Lisa MENSINK	Calgary	3/17	Women 25-29	162	19:37	7	1:19	1:16:05	31.6	83	43:29:00	57	4:21
47	2:19:22	Rosemarie GERSPACHER	Calgary	4/17	Women 25-29	222	24:05:00	57	1:37	1:11:34	33.5	45	43:43:00	58	4:23
48	2:19:30	John O'SHAUGHNESSY	Victoria	13/16	Men 25-29	72	21:18	22	1:26	1:15:36	31.8	78	42:37:00	48	4:16
49	2:19:31	Robert SAVIN	Calgary	4/22	Men 40-44	173	22:55	43	1:32	1:13:38	32.6	58	42:59:00	54	4:18
50	2:19:38	Darryl PARRY	Calgary	5/22	Men 40-44	201	27:28:00	111	1:50	1:12:02	33.3	48	40:09:00	27	4:01
51	2:21:23	Dean TRIMBLE	Calgary	6/22	Men 40-44	7	24:07:00	60	1:37	1:11:50	33.4	47	45:27:00	75	4:33
52	2:21:38	Ryan MANN	Calgary	5/18	Men 30-34	177	25:49:00	86	1:44	1:14:10	32.4	66	41:40:00	43	4:10
53	2:21:45	Stefanie BICHSEL	Calgary	2/19	Women 30-34	5	24:09:00	61	1:37	1:12:12	33.2	50	45:24:00	74	4:33
54	2:21:58	Carl BESSAI	Vancouver	8/22	Men 35-39	188	26:27:00	98	1:46	1:12:42	33	52	42:49:00	51	4:17
55	2:22:13	Jennifer ALEXANDER	Calgary	5/17	Women 25-29	159	22:00	31	1:28	1:19:19	30.3	118	40:55:00	38	4:06
56	2:22:16	Russel LOCKHART	Cranbrook	2/22	Men 45-49	93	24:20:00	68	1:38	1:11:44	33.5	46	46:12:00	83	4:38
57	2:23:17	Emily HERNDON	Boring	6/17	Women 25-29	203	26:22:00	95	1:46	1:14:04	32.4	60	42:53:00	52	4:18
58	2:23:42	THE YOUNG AND THE AGE	Kimberley	2/4	Teams F2	308	21:04	20	1:25	1:15:11	31.9	76	47:28:00	94	4:45
59	2:24:13	Rob WILSON	Victoria	14/16	Men 25-29	69	26:06:00	92	1:45	1:09:40	34.5	38	48:28:00	105	4:51
60	2:24:16	Patrick GANNON	Lethbridge	9/13	Men 20-24	133	25:47:00	85	1:44	1:12:49	33	53	45:42:00	76	4:35
61	2:24:19	Rick ARTUS	Calgary	7/22	Men 40-44	99	23:32	47	1:35	1:16:39	31.3	89	44:09:00	62	4:25
62	2:24:21	Larissa SHUMUK	Victoria	7/17	Women 25-29	70	28:30:00	128	1:54	1:13:25	32.7	54	42:28:00	47	4:15
63	2:24:30	Kent HERN	Rathdrum	8/22	Men 40-44	215	23:50	50	1:36	1:16:38	31.3	88	44:03:00	61	4:25
64	2:24:30	Simon BARTLEY	Banff	6/18	Men 30-34	110	23:51	51	1:36	1:16:10	31.5	84	44:30:00	66	4:27
65	2:24:33	FUNGUS	Cranbrook	1/3	Teams M4	303	24:31:00	70	1:39	1:13:36	32.6	57	46:28:00	84	4:39
66	2:24:51	Marnie ANDERSEN	Calgary	3/19	Women 30-34	146	21:20	24	1:26	1:17:41	30.9	102	45:51:00	78	4:36
67	2:25:36	Chris NAKAHARA	Cranbrook	9/22	Men 35-39	98	35:05:00	212	2:21	1:09:58	34.3	39	40:33:00	34	4:04
68	2:25:50	John COELHO	Kamloops	10/22	Men 35-39	86	27:24:00	110	1:50	1:11:20	33.7	42	47:08:00	93	4:43
69	2:26:39	Kelly BARNETT	Calgary	8/17	Women 25-29	39	24:54:00	72	1:40	1:14:05	32.4	62	47:41:00	97	4:47
70	2:27:03	Barb SCATCHARD	Penticton	3/22	Women 35-39	95	25:06:00	76	1:41	1:20:59	29.6	136	41:00:00	39	4:06
71	2:27:20	Ian ROBBINS	Calgary	3/22	Men 45-49	26	25:09:00	77	1:41	1:19:27	30.2	119	42:45:00	49	4:17
72	2:27:31	Sean MERRETT	Lethbridge	15/16	Men 25-29	73	27:57:00	117	1:52	1:17:22	31	96	42:14:00	46	4:14
73	2:27:42	Dan SIGOUIN	Calgary	7/18	Men 30-34	214	26:23:00	96	1:46	1:14:40	32.2	69	46:39:00	86	4:40
74	2:27:45	Lee BUTLER	Calgary	8/18	Men 30-34	179	25:52:00	87	1:44	1:17:28	31	101	44:26:00	64	4:27
75	2:27:50	THE CLYDESDALES	Sundre	2/4	Teams M2	320	24:13:00	65	1:37	1:14:09	32.4	65	49:29:00	112	4:57
76	2:28:05	Estelle DUCATEL	Calgary	4/19	Women 30-34	163	26:41:00	104	1:47	1:17:25	31	99	43:59:00	60	4:24

77	2:28:08	Marcia WILSON	Kamloops	4/22 Women 35-39	54	25:27:00	79	1:42	1:16:41	31.3	91	46:01:00	80	4:37
78	2:28:14	Brian LEE	Edmonton	9/22 Men 40-44	47	24:58:00	74	1:40	1:14:56	32	72	48:21:00	104	4:51
79	2:28:20	CLEAN GREEN ECO TEAM	Spokane	1/4 Teams X3	315	22:43	40	1:31	1:12:06	33.3	49	53:32:00	175	5:22
80	2:29:14	Alison FORNEY	Patson	5/19 Women 30-34	90	26:35:00	101	1:47	1:17:45	30.9	104	44:55:00	71	4:30
81	2:29:15	Randy TRERISE	Grand Forks	1/8 Men 50-54	46	30:58:00	166	2:04	1:12:28	33.1	51	45:49:00	77	4:35
82	2:30:40	Jay RANKIN	Calgary	4/22 Men 45-49	36	25:53:00	88	1:44	1:17:18	31.1	95	47:31:00	95	4:46
83	2:30:42	Catherine ANGUS	Calgary	5/22 Women 35-39	175	26:06:00	91	1:45	1:16:26	31.4	86	48:11:00	103	4:50
84	2:31:19	Dan GODLIEN	Invermere	11/22 Men 35-39	187	27:18:00	108	1:50	1:13:28	32.7	55	50:33:00	131	5:04
85	2:32:00	Darcy CHILTON	Canmore	9/18 Men 30-34	78	25:29:00	80	1:42	1:16:36	31.3	87	49:56:00	123	5:00
86	2:32:09	David PRESS	Calgary	10/13 Men 20-24	101	24:15:00	66	1:37	1:20:21	29.9	125	47:34:00	96	4:46
87	2:32:32	Patty TRIMBLE	Calgary	6/22 Women 35-39	6	26:57:00	106	1:48	1:15:57	31.6	80	49:40:00	118	4:58
88	2:32:49	Marten KRUYSSSE	Rossland	2/8 Men 50-54	102	26:02:00	90	1:45	1:16:41	31.3	90	50:07:00	127	5:01
89	2:32:52	Michael ROSNER	Calgary	12/22 Men 35-39	8	30:12:00	150	2:01	1:15:39	31.7	79	47:02:00	92	4:43
90	2:32:58	Amy MILLS	Victoria	2/5 Women 20-24	65	25:00:00	75	1:40	1:18:16	30.7	109	49:43:00	119	4:59
91	2:33:00	Jim VANDERGOUWE	Coaldale	5/22 Men 45-49	132	29:48:00	147	2:00	1:15:24	31.8	77	47:49:00	99	4:47
92	2:33:03	MIKE, KAREN & SHANE	Calgary	1/5 Teams X2	304	25:45:00	84	1:43	1:20:25	29.9	129	46:54:00	90	4:42
93	2:33:11	Kimberly BULS	Kalispell	6/19 Women 30-34	171	23:56	55	1:36	1:18:18	30.7	110	50:57:00	141	5:06
94	2:33:13	Ken SCHROEDER	Golden	6/22 Men 45-49	27	34:02:00	204	2:17	1:14:54	32	71	44:19:00	63	4:26
95	2:33:23	Margaret RADERMACHER	Invermere	1/14 Women 40-44	64	25:43:00	83	1:43	1:17:56	30.8	105	49:45:00	121	4:59
96	2:33:51	Audrey ERLANDSON	Kamloops	7/22 Women 35-39	142	26:27:00	97	1:46	1:16:03	31.6	82	51:22:00	147	5:09
97	2:33:52	Gordon MITCHELL	Edmonton	10/22 Men 40-44	148	28:22:00	123	1:54	1:20:54	29.7	135	44:37:00	67	4:28
98	2:34:00	FERNIE FJM	Fernie	2/4 Teams X3	311	30:33:00	152	2:03	1:19:00	30.4	116	44:28:00	65	4:27
99	2:34:13	David ZEHNDER	Invermere	13/22 Men 35-39	232	29:59:00	149	2:00	1:18:23	30.6	112	45:52:00	79	4:36
100	2:34:40	Patrick MANOR	Calgary	10/18 Men 30-34	18	28:32:00	129	1:55	1:21:31	29.4	143	44:37:00	68	4:28
101	2:34:58	Amanda JOHNSTON	Calgary	9/17 Women 25-29	31	29:17:00	142	1:58	1:21:51	29.3	147	43:51:00	59	4:24
102	2:35:02	Victoria DODD	Calgary	8/22 Women 35-39	113	31:16:00	172	2:06	1:14:17	32.3	67	49:30:00	113	4:57
103	2:35:09	Ted SAWFORD	Calgary	1/5 Men 60+	161	33:08:00	190	2:13	1:15:09	31.9	74	46:52:00	89	4:42
104	2:35:18	Stan WATKINS	Kalispell	3/8 Men 50-54	224	29:40:00	145	1:59	1:14:29	32.2	68	51:10:00	145	5:07
105	2:35:28	Louise PORTO	Nelson	7/19 Women 30-34	42	29:09:00	139	1:57	1:16:01	31.6	81	50:19:00	129	5:02
106	2:35:43	Alex VINCENT	Calgary Alta	7/22 Men 45-49	106	28:03:00	120	1:53	1:17:58	30.8	106	49:44:00	120	4:59
107	2:36:04	Lorrie MACAULAY	Kamloops	2/14 Women 40-44	217	28:42:00	134	1:55	1:17:26	31	100	49:57:00	124	5:00
108	2:36:08	GRAND	Cranbrook	1/1 Teams M3	326	24:56:00	73	1:40	1:21:51	29.3	146	49:22:00	111	4:57
109	2:36:20	Shawn CANNON	Spokane	14/22 Men 35-39	185	28:24:00	126	1:54	1:17:44	30.9	103	50:13:00	128	5:02
110	2:36:28	Jared SIMPSON	Athalmer	3/4 Men 16-19	228	24:31:00	71	1:39	1:21:04	29.6	138	50:54:00	137	5:06
111	2:36:34	Rejean LAREAN	Field	8/22 Men 45-49	85	27:53:00	116	1:52	1:18:16	30.7	108	50:26:00	130	5:03
112	2:36:34	Paul ROBILLIARD	Prince Georg	11/18 Men 30-34	123	35:31:00	216	2:23	1:14:07	32.4	64	46:57:00	91	4:42
113	2:36:52	Charlene OWEN	Calgary	3/14 Women 40-44	19	26:01:00	89	1:44	1:20:47	29.7	133	50:06:00	126	5:01
114	2:37:16	David BACON	Calgary	9/22 Men 45-49	44	28:22:00	124	1:54	1:18:11	30.7	107	50:43:00	135	5:05
115	2:37:18	Derick BERRY	Fernie	12/18 Men 30-34	149	30:46:00	161	2:04	1:16:53	31.2	92	49:40:00	117	4:58
116	2:37:29	Gord MCALLISTER	Kamloops	10/22 Men 45-49	82	31:12:00	171	2:05	1:14:07	32.4	63	52:12:00	155	5:14
117	2:37:41	Rodney BALDREY	Calgary	11/22 Men 40-44	114	27:29:00	112	1:50	1:21:28	29.5	142	48:45:00	107	4:53
118	2:37:43	Mike PECORA	Golden	15/22 Men 35-39	60	35:39:00	217	2:23	1:13:34	32.6	56	48:32:00	106	4:52
119	2:37:46	Corstiaan DEWAARD	Cranbrook	4/8 Men 50-54	56	30:34:00	155	2:03	1:15:10	31.9	75	52:03:00	153	5:13
120	2:38:12	David ADAMS	Cranbrook	16/22 Men 35-39	155	22:57	44	1:32	1:21:16	29.5	140	54:00:00	182	5:24

121	2:38:12	Mike HEALY	Calgary	11/22	Men 45-49	107	33:05:00	188	2:13	1:17:08	31.1	93	48:00:00	101	4:48
122	2:38:29	David HUGGILL	Canmore	12/22	Men 40-44	174	27:20:00	109	1:50	1:21:34	29.4	145	49:36:00	115	4:58
123	2:38:33	Joanne MORIN	Calgary	4/14	Women 40-44	158	27:45:00	115	1:51	1:20:47	29.7	134	50:01:00	125	5:01
124	2:39:00	ALL MIXED UP	Kimberley	2/5	Teams X2	319							40:44:00	36	4:05
125	2:39:16	Victor RITCHIE	Cranbrook	12/22	Men 45-49	48	28:01:00	118	1:53	1:22:03	29.3	148	49:13:00	109	4:56
126	2:39:29	Dwayne CASSIDY	Castlegar	13/22	Men 40-44	156	26:10:00	94	1:45	1:17:22	31	97	55:58:00	196	5:36
127	2:40:05	Matthew THOMPSON	Wynndel	14/22	Men 40-44	210	29:15:00	141	1:57	1:23:09	28.9	155	47:42:00	98	4:47
128	2:40:12	POLLOCK	Calgary	3/4	Teams X3	313	32:45:00	184	2:11	1:14:49	32.1	70	52:38:00	165	5:16
129	2:40:25	Jen HART	Calgary	3/5	Women 20-24	168	28:24:00	125	1:54	1:18:21	30.6	111	53:41:00	179	5:23
130	2:40:28	Leon KENNES	Lethbridge	13/18	Men 30-34	34	30:33:00	154	2:03	1:20:25	29.9	128	49:30:00	114	4:57
131	2:41:06	Fred VOYSEY	Fernie	5/8	Men 50-54	169							48:04:00	102	4:49
132	2:41:53	Adele THOMPSON	Kimberley	8/19	Women 30-34	59	30:44:00	159	2:03	1:26:21	27.8	182	44:50:00	69	4:29
133	2:42:03	Camille MAYDONIK	Calgary	10/17	Women 25-29	192	28:34:00	130	1:55	1:20:59	29.6	137	52:32:00	164	5:16
134	2:42:10	BONES WITHOUT SKIN	Creston	1/1	Teams FA	314	31:10:00	169	2:05	1:24:27	28.4	164	46:34:00	85	4:40
135	2:42:12	Bruce THURBER	Lethbridge	15/22	Men 40-44	108	33:52:00	200	2:16	1:17:25	31	98	50:57:00	139	5:06
136	2:42:32	MATT CAIN	Calgary	1/1	Teams X1	316	30:49:00	163	2:04	1:19:27	30.2	120	52:17:00	159	5:14
137	2:42:39	Joanne CARRY	Calgary	5/14	Women 40-44	134	29:34:00	144	1:59	1:19:45	30.1	122	53:21:00	172	5:21
138	2:42:42	THE POSSE	Calgary	4/4	Teams X3	327	30:43:00	158	2:03	1:20:29	29.8	130	51:32:00	150	5:10
139	2:42:50	Charlie LLEWELLYN	Calgary	1/9	Women 45-49	29	30:43:00	157	2:03	1:21:12	29.6	139	50:56:00	138	5:06
140	2:42:52	Jason GALLAGHER	Cranbrook	14/18	Men 30-34	238	28:13:00	122	1:53	1:27:49	27.3	189	46:51:00	88	4:42
141	2:42:54	Tanya TRAVERSE	Kelowna	11/17	Women 25-29	32	23:16	46	1:34	1:19:01	30.4	117	0:38:00	222	6:04
142	2:42:59	Paul SMITH	Calgary	15/18	Men 30-34	63	24:13:00	64	1:37	1:22:40	29	151	56:06:00	198	5:37
143	2:43:00	Sheila GAIR	Calgary	2/9	Women 45-49	160	26:08:00	93	1:45	1:27:03	27.6	186	49:49:00	122	4:59
144	2:43:16	Jill PARRY	Edgewater	9/22	Women 35-39	58	28:07:00	121	1:53	1:24:35	28.4	165	50:35:00	132	5:04
145	2:43:30	Pamela ZACHARIAS	Calgary	12/17	Women 25-29	200	26:37:00	102	1:47	1:22:57	28.9	152	53:57:00	181	5:24
146	2:43:32	George BICHSEL	Calgary	2/5	Men 60+	9	34:01:00	203	2:17	1:18:23	30.6	113	51:09:00	144	5:07
147	2:43:43	YOUNG AND THE RESTLES	Ta Ta Creek	3/4	Teams F2	324	28:34:00	131	1:55	1:17:11	31.1	94	57:59:00	209	5:48
148	2:43:44	Andrew COLGAN	Rossland	16/18	Men 30-34	220	32:55:00	185	2:12	1:18:34	30.5	115	52:15:00	158	5:14
149	2:43:47	Wayne LLEWELLYN	Calgary	13/22	Men 45-49	30	31:39:00	175	2:07	1:20:39	29.8	131	51:30:00	149	5:09
150	2:43:59	Michael JACKSON	Calgary	14/22	Men 45-49	118	28:26:00	127	1:54	1:24:35	28.4	166	50:58:00	142	5:06
151	2:44:02	Murray DUECK	Lethbridge	15/22	Men 45-49	137	32:57:00	187	2:12	1:16:23	31.4	85	54:43:00	188	5:29
152	2:44:13	Jill WINTERS	Nelson	9/19	Women 30-34	147	29:43:00	146	1:59	1:19:38	30.1	121	54:54:00	191	5:30
153	2:44:17	Shelly PINDER	Lethbridge	13/17	Women 25-29	145	21:49	29	1:28	1:29:21	26.9	195	53:08:00	168	5:19
154	2:44:21	Derek LEA	Vernon	17/18	Men 30-34	236	30:46:00	160	2:04	1:22:09	29.2	149	51:26:00	148	5:09
155	2:44:29	Randy ABSALONSON	Spokane	17/22	Men 35-39	184	26:53:00	105	1:48	1:25:12	28.2	170	52:25:00	160	5:15
156	2:44:49	Jolene GORDON	Calgary	6/14	Women 40-44	157	27:14:00	107	1:49	1:25:54	27.9	178	51:42:00	151	5:11
157	2:45:30	Cassie MACRAE	Calgary	1/2	Women 16-19	229	25:31:00	81	1:43	1:23:28	28.8	156	56:31:00	201	5:40
158	2:45:34	UNKKNOWN TEAM	Creston	3/4	Teams M2	321	30:33:00	153	2:03	1:20:06	30	124	54:56:00	193	5:30
159	2:46:04	Patti MACINTOSH	Fernie	10/22	Women 35-39	121	24:27:00	69	1:38	1:25:56	27.9	179	55:42:00	195	5:35
160	2:46:27	Myron BIGNOLD	Sundre	16/22	Men 45-49	153	32:14:00	180	2:09	1:21:33	29.4	144	52:42:00	166	5:17
161	2:46:27	Jim JOHNSON	Calgary	6/8	Men 50-54	154	28:46:00	136	1:56	1:24:11	28.5	162	53:31:00	174	5:22
162	2:46:35	John KNOX	Nelson	17/22	Men 45-49	40	32:30:00	183	2:10	1:20:45	29.7	132	53:21:00	173	5:21
163	2:46:37	Tara FIEDLER	Cranbrook	10/19	Women 30-34	211	32:01:00	179	2:09	1:23:32	28.7	157	51:06:00	143	5:07
164	2:47:09	Sarah CHESNEY	Cranbrook	11/19	Women 30-34	221	31:00:00	167	2:04	1:25:31	28.1	173	50:39:00	134	5:04

165	2:47:14	Natalee PEETERS	Kamloops	12/19	Women 30-34	141	27:42:00	114	1:51	1:25:57	27.9	180	53:37:00	176	5:22
166	2:47:56	2 HOT CHICKS AND 1 GUY	Calgary	3/5	Teams X2	306	22:44	41	1:31	1:25:30	28.1	172	59:43:00	216	5:59
167	2:47:58	Steven TURNER	Olds	18/22	Men 45-49	152	35:22:00	214	2:22	1:20:25	29.9	127	52:13:00	157	5:14
168	2:48:06	Cara PICTON	Kimberley	11/22	Women 35-39	242	28:38:00	133	1:55	1:21:22	29.5	141	58:08:00	210	5:49
169	2:48:07	Cathy RANKIN	Calgary	3/9	Women 45-49	35	28:36:00	132	1:55	1:27:04	27.6	187	52:28:00	162	5:15
170	2:48:11	Janice HUTTON	Lethbridge	4/5	Women 20-24	38	23:52	53	1:36	1:29:52	26.7	199	54:28:00	186	5:27
171	2:48:19	Megan RICHARDSON	Calgary	12/22	Women 35-39	22	22:55	42	1:32	1:28:09	27.2	191	57:16:00	205	5:44
172	2:48:26	Stu HOFFMANN	Cranbrook	11/13	Men 20-24	104	39:11:00	233	2:37	1:23:07	28.9	154	46:08:00	82	4:37
173	2:48:58	Robin MORTON	Calgary	13/19	Women 30-34	140	32:18:00	181	2:10	1:26:05	27.9	181	50:35:00	133	5:04
174	2:49:08	Keith SONES	Castlegar	16/22	Men 40-44	190	33:08:00	189	2:13	1:25:11	28.2	169	50:50:00	136	5:05
175	2:49:21	Stephanie ROZAK	Marysville	14/17	Women 25-29	226	33:26:00	196	2:14	1:29:15	26.9	194	46:40:00	87	4:40
176	2:49:47	Martina BEZZOLA	Golden	2/2	Women 16-19	120	25:23:00	78	1:42	1:31:07	26.3	205	53:18:00	171	5:20
177	2:50:30	WASA LIONS CLUB	Wasa	2/3	Teams M4	302	26:34:00	100	1:47	1:23:02	28.9	153	0:55:00	223	6:06
178	2:50:40	Kelly WILLIAMSON	Calgary	15/17	Women 25-29	186	29:09:00	140	1:57	1:25:04	28.2	168	56:27:00	200	5:39
179	2:51:05	Marston WESTBROOK	Coeur d'alen	3/5	Men 60+	170	33:15:00	191	2:13	1:23:40	28.7	158	54:11:00	184	5:26
180	2:51:09	Paul YASINSKI	Cranbrook	17/22	Men 40-44	87	37:40:00	228	2:31	1:22:16	29.2	150	51:14:00	146	5:08
181	2:51:29	Robert PETERSON	Coeur d'alen	4/5	Men 60+	150	33:32:00	197	2:15	1:24:56	28.3	167	53:01:00	167	5:19
182	2:51:45	HUTCH	Calgary	4/5	Teams X2	312	20:00	13	1:20	1:23:40	28.7	159	8:06:00	234	6:49
183	2:51:46	Suzanne DUPUIS	Banff	13/22	Women 35-39	53	31:57:00	178	2:08	1:25:31	28.1	174	54:19:00	185	5:26
184	2:52:23	Sheila ARTUS	Calgary	7/14	Women 40-44	96	33:59:00	202	2:16	1:29:04	27	192	49:21:00	110	4:57
185	2:52:34	Bill BOGGS	Coeur D'Alen	1/2	Men 55-59	62	35:59:00	221	2:24	1:27:26	27.5	188	49:10:00	108	4:55
186	2:53:00	ROCKY BABES LTD.	Invermere	1/2	Teams F3	318	28:42:00	135	1:55	1:30:14	26.6	201	54:05:00	183	5:25
187	2:53:29	Tony VIOLA	Calgary	7/8	Men 50-54	80	34:11:00	207	2:17	1:26:49	27.6	183	52:29:00	163	5:15
188	2:53:35	Darrell CALLANDER	Fort Saskatc	19/22	Men 45-49	198	30:56:00	165	2:04	1:25:38	28	175	57:02:00	203	5:43
189	2:53:56	Rob LUBIG	Edgewater	20/22	Men 45-49	57	34:32:00	209	2:19	1:26:58	27.6	185	52:27:00	161	5:15
190	2:54:00	Erin JEPSON	Calgary	5/5	Women 20-24	74	30:50:00	164	2:04	1:32:13	26	213	50:57:00	140	5:06
191	2:54:14	Sandra WIGG	Calgary	8/14	Women 40-44	130	31:49:00	176	2:08	1:30:41	26.5	203	51:45:00	152	5:11
192	2:54:24	Wayne BADGER	Calgary	5/5	Men 60+	50	33:17:00	192	2:14	1:25:41	28	177	55:28:00	194	5:33
193	2:54:45	Brian FRANKS	Calgary	18/22	Men 40-44	41	36:06:00	222	2:25	1:30:50	26.4	204	47:51:00	100	4:48
194	2:55:08	Wade FLEMING	Lethbridge	18/22	Men 35-39	129	33:57:00	201	2:16	1:19:57	30	123	1:15:00	226	6:08
195	2:55:19	Robert BISSONETTE	Elkford	4/4	Men 16-19	213	27:32:00	113	1:51	1:31:39	26.2	208	56:09:00	199	5:37
196	2:55:50	Dan KROEKER	Rossland	19/22	Men 35-39	219	34:03:00	206	2:17	1:25:16	28.2	171	56:32:00	202	5:40
197	2:55:52	Dusan GRASIC	Invermere	19/22	Men 40-44	237	42:36:00	239	2:51	1:18:30	30.6	114	54:47:00	190	5:29
198	2:55:53	TEAM DRAGON	Cranbrook	4/4	Teams M2	309	28:01:00	119	1:53	1:34:41	25.4	222	53:12:00	170	5:20
199	2:55:54	Kimberly SCOTT	Calgary	9/14	Women 40-44	167	34:19:00	208	2:18	1:29:26	26.8	197	52:10:00	154	5:13
200	2:56:03	Denise LONGHURST	Banff	4/9	Women 45-49	124	36:34:00	225	2:27	1:25:41	28	176	53:50:00	180	5:23
201	2:57:12	Glen SCOTT	Calgary	20/22	Men 40-44	176	32:23:00	182	2:10	1:50:08	21.8	239	34:42:00	1	3:29
202	2:58:52	Julie MATTHEWS	Lethbridge	5/9	Women 45-49	16	31:53:00	177	2:08	1:29:48	26.7	198	57:11:00	204	5:44
203	2:58:53	Sherry HANDSAEME	Lethbridge	14/22	Women 35-39	10	28:55:00	137	1:56	1:29:24	26.9	196	0:35:00	221	6:04
204	2:59:30	Patrick IREMONGER	Calgary	2/2	Men 55-59	33	33:42:00	198	2:15	1:31:09	26.3	206	54:40:00	187	5:28
205	2:59:40	Randy MACSTEVEN	Invermere	20/22	Men 35-39	227	37:44:00	229	2:31	1:23:44	28.7	160	58:13:00	211	5:50
206	3:00:18	PPTRY TEAM #1	Calgary	4/4	Teams F2	310	38:44:00	232	2:35	1:31:57	26.1	211	49:38:00	116	4:58
207	3:00:31	Cassandra CARR	Banff	14/19	Women 30-34	49	31:33:00	174	2:07	1:31:40	26.2	210	57:19:00	206	5:44
208	3:00:53	Colleen BADGER	Calgary	15/22	Women 35-39	20	33:18:00	193	2:14	1:33:59	25.5	218	53:38:00	178	5:22

209	3:01:05	Patricia KEITH	Lethbridge	6/9	Women 45-49	218	35:16:00	213	2:22	1:32:13	26	212	53:37:00	177	5:22
210	3:01:06	Carolyn HAWES	Invermere	10/14	Women 40-44	61	32:57:00	186	2:12	1:34:59	25.3	223	53:11:00	169	5:20
211	3:03:40	Ryan OLIVIER	Calgary	12/13	Men 20-24	191	34:03:00	205	2:17	1:29:08	26.9	193	0:30:00	220	6:03
212	3:03:55	Marjorie WILDER	Kelowna	11/14	Women 40-44	178	30:14:00	151	2:01	1:32:35	25.9	214	1:08:00	224	6:07
213	3:03:59	Chad RATHGEBER	Claresholm	18/18	Men 30-34	223	29:25:00	143	1:58	1:31:40	26.2	209	2:56:00	230	6:18
214	3:04:10	Shaun WOJTOWICZ	Lethbridge	21/22	Men 35-39	126	36:51:00	226	2:28	1:28:06	27.2	190	59:14:00	215	5:56
215	3:05:04	Peter LEE	Nelson	8/8	Men 50-54	77	34:50:00	211	2:20	1:30:04	26.7	200	0:11:00	218	6:02
216	3:05:24	BLASTS FROM THE PAST	Cranbrook	3/3	Teams M4	305	44:14:00	240	2:57	1:23:47	28.6	161	57:23:00	207	5:45
217	3:06:27	TEAM MITCHELL	Radium	5/5	Teams X2	317	42:34:00	238	2:51	1:20:23	29.9	126	3:31:00	231	6:22
218	3:07:59	TUESDAY GIRLS	Invermere	2/2	Teams F3	325	31:10:00	170	2:05	1:44:38	22.9	238	52:12:00	156	5:14
219	3:08:20	Denise LEMAY-MOORE	Calgary	12/14	Women 40-44	164	33:26:00	195	2:14	1:34:40	25.4	221	0:15:00	219	6:02
220	3:09:00	Maryanne SCHROEDER	Golden	7/9	Women 45-49	28	36:18:00	224	2:26	1:33:42	25.6	217	59:01:00	213	5:55
221	3:09:38	Diane PARCHOMCHUK	Summerland	1/2	Women 60+	172	30:47:00	162	2:04	1:26:55	27.6	184	11:57:00	238	7:12
222	3:09:59	Ralph ARNOLD	Lethbridge	21/22	Men 40-44	205	56:21:00	244	3:46	1:30:28	26.5	202	43:11:00	56	4:20
223	3:10:53	Erin PARR	Kamloops	16/17	Women 25-29	216	26:29:00	99	1:46	1:34:28	25.4	220	9:57:00	237	7:00
224	3:12:09	Jodine WILLIAMS	Calgary	15/19	Women 30-34	116	35:26:00	215	2:22	1:24:17	28.5	163	12:27:00	239	7:15
225	3:12:09	Caren CRISP	Calgary	16/19	Women 30-34	119	31:08:00	168	2:05	1:33:05	25.8	216	7:57:00	233	6:48
226	3:14:11	Trevor HELWIG	Lethbridge	16/16	Men 25-29	52	38:13:00	230	2:33	1:38:00	24.5	231	57:58:00	208	5:48
227	3:14:36	Scott COPE	Cranbrook	22/22	Men 35-39	209	35:53:00	220	2:24	1:40:03	24	233	58:42:00	212	5:53
228	3:15:20	Megan JONES	Calgary	17/17	Women 25-29	151	36:07:00	223	2:25	1:37:38	24.6	229	1:36:00	229	6:10
229	3:15:26	Deborah JEPSON	Cranbrook	8/9	Women 45-49	75	41:36:00	235	2:47	1:39:04	24.2	232	54:47:00	189	5:29
230	3:16:19	Trudy BADGER	Calgary	2/2	Women 60+	51	33:18:00	194	2:14	1:34:23	25.4	219	8:38:00	236	6:52
231	3:17:04	Tracey MCLEAN	Banff	17/19	Women 30-34	109	34:48:00	210	2:20	1:40:54	23.8	235	1:23:00	227	6:09
232	3:18:59	Stephanie COURCELLES	Cranbrook	16/22	Women 35-39	230	40:04:00	234	2:41	1:42:57	23.3	237	55:59:00	197	5:36
233	3:19:58	Heather ANDERSON	Calgary	13/14	Women 40-44	165	42:31:00	237	2:50	1:36:19	24.9	226	1:10:00	225	6:07
234	3:21:11	Karen WOJTOWICZ	Lethbridge	18/19	Women 30-34	125	31:28:00	173	2:06	1:32:38	25.9	215	17:06:00	241	7:43
235	3:23:11	Steve LUNN	Lethbridge	13/13	Men 20-24	81	38:13:00	231	2:33	1:37:25	24.6	228	7:35:00	232	6:46
236	3:24:06	Alan REDDING	Cranbrook	22/22	Men 40-44	239	48:27:00	242	3:14	1:35:44	25.1	224	59:57:00	217	6:00
237	3:24:10	Susan CALDER	Field	17/22	Women 35-39	84	52:25:00	243	3:30	1:36:52	24.8	227	54:54:00	192	5:30
238	3:24:23	Carol PAKKALA	Cranbrook	18/22	Women 35-39	76	37:32:00	227	2:31	1:31:34	26.2	207	15:18:00	240	7:32
239	3:24:36	Jacqui PATTERSON	Marysville	19/22	Women 35-39	94	46:50:00	241	3:08	1:36:19	24.9	225	1:28:00	228	6:09
240	3:27:07	Patricia ATKIN	Calgary	9/9	Women 45-49	25	33:52:00	199	2:16	1:54:15	21	241	59:01:00	214	5:55
241	3:30:53	Chris BISSONETTE	Elkford	21/22	Men 45-49	212	29:02:00	138	1:57	1:40:22	23.9	234	21:30:00	242	8:09
242	3:36:18	Janet ANDERSON	Golden	20/22	Women 35-39	97	35:45:00	219	2:23	1:52:14	21.4	240	8:20:00	235	6:50
243	3:42:48	Brian ABELSON	Calgary	22/22	Men 45-49	189	42:00:00	236	2:48	1:37:49	24.5	230	22:59:00	243	8:18
244	3:55:19	Kirsten BAUMBER	Bragg Creek	21/22	Women 35-39	13	35:41:00	218	2:23	1:42:56	23.3	236	36:43:00	244	9:41
245		Krista MORGAN	Calgary	19/19	Women 30-34	135	24:01:00	56	1:37						
246		Angela KOKOTT	Calgary	14/14	Women 40-44	4	26:39:00	103	1:47						
247		Andrea HOWIE	Calgary	22/22	Women 35-39	143	29:55:00	148	2:00						