

**Gerick's Triathlon at Wasa 2005**

12-Jun-05

Wasa Lake Park, BC, Canada

Results by Results Canada 1-780-416-5124

**Olympic Distance Triathlon**

Pos	Time	Name	City	Plc/Total Category	#	Swim			Bike			Run		
						Place	1.5km SWIM Time	/100m	Place	40 km BIKE Time	km/hr	Place	10km RUN Time	/km
1	1:52:36	Matt SEELEY	Polson	1/26 Men 35-39	495	6	19:57	1:20	1	57:20:00	41.9	1	35:21:00	3:33
2	1:55:01	Scott CURRY	Calgary	1/12 Men 25-29	352	3	18:59	1:16	2	59:11:00	40.6	7	36:53:00	3:42
3	1:56:12	Travis CHATER	Victoria	1/14 Men 20-24	341	1	18:42	1:15	10	1:01:57	38.7	2	35:33:00	3:34
4	1:56:49	Trev WILLIAMS	Calgary	1/27 Men 30-34	532	10	21:10	1:25	4	59:58:00	40	3	35:43:00	3:35
5	2:00:16	Andrew RUSSELL	Revelstoke	2/14 Men 20-24	486	5	19:27	1:18	17	1:03:51	37.6	8	36:59:00	3:42
6	2:00:50	Adam JENSEN	Missoula	2/12 Men 25-29	390	26	22:36	1:31	5	1:00:12	39.9	13	38:03:00	3:49
7	2:01:45	Kevin MASTERS	Edmonton	2/27 Men 30-34	431	51	24:00:00	1:36	7	1:01:13	39.2	4	36:33:00	3:40
8	2:02:03	Elliot BASSETT	Missoula	3/14 Men 20-24	314	29	22:43	1:31	8	1:01:38	38.9	11	37:44:00	3:47
9	2:02:44	Scott MCMILLIAN	Portland	3/27 Men 30-34	540	14	21:36	1:27	6	1:01:13	39.2	26	39:56:00	4:00
10	2:02:58	Chad JOHNSON	Calgary	2/26 Men 35-39	306	66	25:15:00	1:41	3	59:33:00	40.3	14	38:11:00	3:50
11	2:03:37	Stephen KILSHAW	Victoria	4/14 Men 20-24	401	33	22:53	1:32	18	1:03:53	37.6	6	36:52:00	3:42
12	2:03:38	Jeff CINCOSKI	Missoula	5/14 Men 20-24	347	17	21:39	1:27	15	1:03:10	38	16	38:50:00	3:53
13	2:04:02	Calvin ZARYSKI	Calgary	3/26 Men 35-39	550	22	22:14	1:29	21	1:04:17	37.3	10	37:33:00	3:46
14	2:04:13	Scott GAISER	Kalispell	1/21 Men 40-44	372	32	22:47	1:32	19	1:03:56	37.5	9	37:31:00	3:46
15	2:04:18	Carson BANNON	Calgary	6/14 Men 20-24	312	11	21:21	1:26	12	1:03:02	38.1	27	39:57:00	4:00
16	2:05:12	Paul ANDERSON	Calgary	2/21 Men 40-44	302	25	22:27	1:30	9	1:01:57	38.7	35	40:49:00	4:05
17	2:05:27	Carol MONTGOMERY	N. Vancouver	1/14 Women 35-39	557	2	18:47	1:16	36	1:07:03	35.8	24	39:38:00	3:58
18	2:05:56	Jared GREEN	Calgary	4/27 Men 30-34	378	30	22:43	1:31	13	1:03:03	38.1	30	40:11:00	4:02
19	2:06:33	Li HARVEY	Victoria	7/14 Men 20-24	558	8	20:07	1:21	14	1:03:09	38	58	43:18:00	4:20
20	2:08:01	Darryl TAINSH	Calgary	3/21 Men 40-44	552	28	22:39	1:31	23	1:04:36	37.2	34	40:47:00	4:05
21	2:08:19	Geoff BADGER	Calgary	4/26 Men 35-39	309	13	21:32	1:27	44	1:07:38	35.5	18	39:10:00	3:55
22	2:08:31	Hal KUNTZE	Calgary	5/26 Men 35-39	405	19	22:02	1:29	24	1:04:54	37	42	41:36:00	4:10
23	2:08:39	Tanya SALOMON	Calgary	1/24 Women 30-34	489	39	23:12	1:33	30	1:05:43	36.5	25	39:45:00	3:59
24	2:09:21	Anne-Marie MADDEN	Victoria	1/24 Women 25-29	428	36	23:02	1:33	33	1:06:16	36.2	28	40:04:00	4:01
25	2:09:24	Simon LEVEY	Calgary	5/27 Men 30-34	415	15	21:36	1:27	32	1:06:10	36.3	43	41:39:00	4:10
26	2:09:58	Brendan HALPIN	Missoula	8/14 Men 20-24	379	73	25:27:00	1:42	28	1:05:21	36.7	19	39:11:00	3:56
27	2:10:13	Frank ACKERMANN	Kimberley	6/26 Men 35-39	300	142	29:34:00	1:59	20	1:03:57	37.5	5	36:43:00	3:41
28	2:10:17	Bo (William) SIMPSON	Pincher cree	3/12 Men 25-29	499	4	19:02	1:17	38	1:07:13	35.7	67	44:03:00	4:25
29	2:10:26	Tom MAIER	Canmore	4/21 Men 40-44	429	71	25:24:00	1:42	29	1:05:31	36.6	22	39:32:00	3:58
30	2:10:35	Michael GORMAN	Calgary	7/26 Men 35-39	544	7	20:02	1:21	31	1:05:53	36.4	72	44:41:00	4:29
31	2:10:36	Bradley ZINS	Billings	5/21 Men 40-44	539	16	21:37	1:27	27	1:05:17	36.8	63	43:42:00	4:23
32	2:10:52	Michael MEINIG	Kimberley	6/21 Men 40-44	440	53	24:30:00	1:38	35	1:07:02	35.8	21	39:20:00	3:56
33	2:11:06	Matthew POWTER	Calgary	6/27 Men 30-34	547	67	25:18:00	1:42	39	1:07:15	35.7	15	38:34:00	3:52
34	2:11:19	Barry EMERSON	Lethbridge	1/16 Men 45-49	364	9	20:13	1:21	43	1:07:38	35.5	61	43:29:00	4:21
35	2:11:23	Bob MAUDIE	Cranbrook	4/12 Men 25-29	432	69	25:23:00	1:42	22	1:04:31	37.2	41	41:30:00	4:09

36	2:11:42	Cherie COOPER	Kimberley	2/14	Women 35-39	350	63	25:07:00	1:41	26	1:05:12	36.8	38	41:24:00	4:09
37	2:11:57	Joel BROWN	Missoula	9/14	Men 20-24	327	60	25:04:00	1:41	16	1:03:36	37.7	56	43:18:00	4:20
38	2:12:52	Todd STRUCKMAN	Missoula	7/27	Men 30-34	515	20	22:05	1:29	51	1:09:09	34.7	44	41:39:00	4:10
39	2:13:26	Ted BURNHAM	Kalispell	8/26	Men 35-39	328	55	24:44:00	1:39	49	1:08:33	35	29	40:10:00	4:01
40	2:13:57	Stephen GERMAN	Calgary	8/27	Men 30-34	375	77	25:31:00	1:43	11	1:02:53	38.2	81	45:34:00	4:34
41	2:14:12	Emily HERNDON	Missoula	2/24	Women 25-29	384	74	25:29:00	1:42	41	1:07:24	35.6	37	41:20:00	4:08
42	2:14:31	Patrick GANNON	Lethbridge	10/14	Men 20-24	373	68	25:22:00	1:42	40	1:07:16	35.7	46	41:55:00	4:12
43	2:14:37	Alex SPEAR	Whitefish	9/27	Men 30-34	508	41	23:23	1:34	63	1:10:31	34	33	40:44:00	4:05
44	2:14:50	Chris NAKAHARA	Kimberley	9/26	Men 35-39	452	129	28:56:00	1:56	34	1:06:40	36	20	39:14:00	3:56
45	2:14:55	Daniel HANSON	Calgary	5/12	Men 25-29	381	38	23:08	1:33	59	1:10:18	34.1	40	41:30:00	4:09
46	2:14:55	Sarah BAKER	White Rock	1/9	Women 20-24	311	27	22:39	1:31	83	1:12:44	33	23	39:33:00	3:58
47	2:15:05	Linsey PICKELL	Missoula	2/9	Women 20-24	463	76	25:30:00	1:42	42	1:07:36	35.5	47	42:00:00	4:12
48	2:15:05	Kirk DRAPER	Calgary	10/26	Men 35-39	362	23	22:21	1:30	25	1:05:00	36.9	106	47:45:00	4:47
49	2:15:15	Bryan ROMANESKY	Calgary	10/27	Men 30-34	546	48	23:55	1:36	56	1:09:54	34.3	39	41:27:00	4:09
50	2:16:18	Mark SMITH	Edmonton	11/26	Men 35-39	505	65	25:12:00	1:41	47	1:08:17	35.1	52	42:51:00	4:18
51	2:16:48	Jessica SOLYMOSI	Vernon	3/24	Women 25-29	506	100	26:49:00	1:48	37	1:07:11	35.7	51	42:48:00	4:17
52	2:17:04	Dallas CAIN	Rossland	6/12	Men 25-29	332	128	28:55:00	1:56	52	1:09:15	34.7	17	38:54:00	3:54
53	2:17:38	Jill HUNT	Calgary	3/14	Women 35-39	386	49	23:56	1:36	48	1:08:21	35.1	76	45:21:00	4:33
54	2:17:54	Joel CARLSON	Missoula	12/26	Men 35-39	337	61	25:05:00	1:41	66	1:10:39	34	49	42:11:00	4:14
55	2:18:05	AI MAYER	Coeur d alen	1/11	Men 50-54	434	82	25:40:00	1:43	75	1:11:48	33.4	32	40:39:00	4:04
56	2:18:15	Kate SLOAN	Calgary	3/9	Women 20-24	501	57	24:52:00	1:40	71	1:11:19	33.7	48	42:04:00	4:13
57	2:19:13	Ian ROBBINS	Calgary	2/16	Men 45-49	483	101	26:53:00	1:48	50	1:08:58	34.8	59	43:22:00	4:21
58	2:19:24	Jason NADEAU	Calgary	13/26	Men 35-39	451	174	30:49:00	2:04	45	1:07:45	35.4	36	40:52:00	4:06
59	2:19:30	Stefanie BICHSEL	Calgary	2/24	Women 30-34	318	47	23:53	1:36	54	1:09:47	34.4	87	45:52:00	4:36
60	2:19:40	Catherine BROWN	Calgary	4/24	Women 25-29	326	24	22:24	1:30	72	1:11:29	33.6	86	45:48:00	4:35
61	2:19:41	Neil SEDGWICK	Missoula	14/26	Men 35-39	494	88	26:12:00	1:45	55	1:09:48	34.4	64	43:42:00	4:23
62	2:20:53	Dan SIGOUIN	Calgary	11/27	Men 30-34	498	90	26:18:00	1:46	46	1:07:47	35.4	94	46:49:00	4:41
63	2:20:56	Suzanne BINNE-HUSE	Missoula	3/24	Women 30-34	320	111	27:55:00	1:52	98	1:15:04	32	12	37:58:00	3:48
64	2:21:11	David QUASCHNICK	Edmonton	7/12	Men 25-29	469	72	25:25:00	1:42	91	1:13:54	32.5	45	41:54:00	4:12
65	2:21:41	Leah TARANGER	Kimberley	4/14	Women 35-39	518	125	28:31:00	1:55	67	1:10:53	33.9	50	42:17:00	4:14
66	2:22:37	Kyle KEITH	Calgary	12/27	Men 30-34	398	104	27:04:00	1:49	78	1:12:10	33.3	60	43:23:00	4:21
67	2:22:38	Rejean LAREAU	Field	3/16	Men 45-49	410	86	26:07:00	1:45	82	1:12:30	33.1	66	44:01:00	4:25
68	2:22:44	Yoeri GEERITS	Calgary	13/27	Men 30-34	545	166	30:29:00	2:02	73	1:11:41	33.5	31	40:35:00	4:04
69	2:22:52	Michael ROSNER	Calgary	7/21	Men 40-44	485	119	28:19:00	1:54	58	1:10:15	34.2	70	44:19:00	4:26
70	2:23:07	Tamara SALOMON	Calgary	4/24	Women 30-34	488	31	22:44	1:31	118	1:17:05	31.1	57	43:18:00	4:20
71	2:23:30	Carl MILLER	Calgary	14/27	Men 30-34	442	105	27:08:00	1:49	68	1:10:55	33.8	79	45:28:00	4:33
72	2:24:31	Darcy CHILTON	Canmore	15/27	Men 30-34	343	79	25:35:00	1:43	70	1:11:17	33.7	104	47:40:00	4:46
73	2:25:02	Krista MORGAN	Calgary	5/24	Women 30-34	446	58	24:54:00	1:40	74	1:11:41	33.5	117	48:28:00	4:51
74	2:25:11	Josie DAUB	Calgary	1/16	Women 40-44	354	18	21:52	1:28	89	1:13:46	32.5	131	49:34:00	4:58
75	2:25:17	Dave JAEGER	Calgary	8/21	Men 40-44	388	44	23:42	1:35	84	1:12:54	32.9	121	48:41:00	4:53
76	2:25:44	Brian LEE	Edmonton	9/21	Men 40-44	413	62	25:06:00	1:41	81	1:12:29	33.1	108	48:10:00	4:49
77	2:26:15	Mark WALKER	Kimberley	4/16	Men 45-49	526	46	23:51	1:36	60	1:10:24	34.1	154	52:01:00	5:13
78	2:26:22	Margo FRASER	Calgary	2/16	Women 40-44	371	91	26:25:00	1:46	86	1:13:05	32.8	95	46:53:00	4:42
79	2:26:31	David LAKE	Polson	10/21	Men 40-44	409	176	30:56:00	2:04	57	1:09:55	34.3	84	45:42:00	4:35
80	2:26:36	Dwayne CASSIDY	Castlegar	11/21	Men 40-44	339	54	24:37:00	1:39	64	1:10:33	34	148	51:28:00	5:09
81	2:26:43	Paul ROBILLIARD	Prince Georg	15/26	Men 35-39	484	152	30:02:00	2:01	80	1:12:21	33.2	71	44:22:00	4:27

82	2:27:22	Ken SCHROEDER	Golden	5/16	Men 45-49	493	201	32:43:00	2:11	65	1:10:34	34	68	44:07:00	4:25
83	2:27:23	Colin CAREW	Castlegaar	16/26	Men 35-39	336	12	21:30	1:26	130	1:18:38	30.5	100	47:15:00	4:44
84	2:27:23	Jennifer RANKEL	Calgary	6/24	Women 30-34	548	135	29:03:00	1:57	79	1:12:14	33.2	89	46:07:00	4:37
85	2:27:25	Sandra YAWORSKI	Calgary	3/16	Women 40-44	538	159	30:14:00	2:01	92	1:14:09	32.4	54	43:03:00	4:19
86	2:27:56	Gordon RANKIN	Calgary	2/11	Men 50-54	472	164	30:25:00	2:02	76	1:12:01	33.3	80	45:31:00	4:34
87	2:28:03	Denise MCLAUGHLIN	Garibaldi Hi	7/24	Women 30-34	437	112	27:57:00	1:52	87	1:13:12	32.8	96	46:55:00	4:42
88	2:28:29	Beverley DUNNE	Calgary	1/8	Women 45-49	363	81	25:37:00	1:43	94	1:14:24	32.3	116	48:28:00	4:51
89	2:28:39	Alex HARTMAN	Nelson	16/27	Men 30-34	382	40	23:13	1:33	128	1:18:26	30.6	98	47:01:00	4:43
90	2:28:44	Daniele GASTINEAU	Whitefish	8/24	Women 30-34	374	42	23:40	1:35	113	1:16:37	31.3	115	48:28:00	4:51
91	2:28:48	Peter WARREN	Sundre	17/27	Men 30-34	528	52	24:22:00	1:38	109	1:16:09	31.5	112	48:18:00	4:50
92	2:29:14	Sharisse KYLE	Calgary	2/8	Women 45-49	406	147	29:53:00	2:00	110	1:16:13	31.5	55	43:09:00	4:19
93	2:29:23	Lindsey REDFERN	Missoula	4/9	Women 20-24	476	168	30:34:00	2:03	102	1:15:16	31.9	62	43:33:00	4:22
94	2:29:38	Glen MACEACHERN	Calgary	18/27	Men 30-34	424	103	27:04:00	1:49	97	1:15:03	32	103	47:33:00	4:46
95	2:29:54	Sandy MURPHY	Calgary	12/21	Men 40-44	448	98	26:47:00	1:48	77	1:12:08	33.3	143	51:00:00	5:06
96	2:30:03	Gordon HAMMOND	Kamloops	6/16	Men 45-49	380	143	29:40:00	1:59	96	1:14:38	32.2	85	45:45:00	4:35
97	2:30:15	Amanda JOHNSTON	Calgary	5/24	Women 25-29	393	145	29:52:00	2:00	103	1:15:17	31.9	74	45:07:00	4:31
98	2:30:50	Margaret RADERMACHEF	Invermere	4/16	Women 40-44	471	96	26:37:00	1:47	107	1:15:29	31.8	122	48:45:00	4:53
99	2:30:50	Jeanne VETETO	Missoula	3/8	Women 45-49	525	84	26:00:00	1:44	108	1:15:59	31.6	124	48:53:00	4:54
100	2:31:15	Nadia LARSSON	Calgary	5/14	Women 35-39	411	123	28:30:00	1:54	119	1:17:21	31	78	45:25:00	4:33
101	2:31:41	John John MACDONALD	Banff	17/26	Men 35-39	422	180	31:03:00	2:05	121	1:17:38	30.9	53	43:00:00	4:18
102	2:31:54	Dave MURDOCH	Marysville	18/26	Men 35-39	447	153	30:05:00	2:01	115	1:16:42	31.3	75	45:08:00	4:31
103	2:32:04	Bradley CLARK	Calgary	13/21	Men 40-44	543	191	31:58:00	2:08	93	1:14:12	32.3	88	45:55:00	4:36
104	2:32:15	Mike PRESTON	Calgary	8/12	Men 25-29	468	150	30:01:00	2:01	114	1:16:40	31.3	82	45:35:00	4:34
105	2:32:20	Marcelo SULKIN	Calgary	3/11	Men 50-54	516	56	24:50:00	1:40	116	1:16:45	31.3	139	50:46:00	5:05
106	2:32:21	Tanis BANKS	Cranbrook	9/24	Women 30-34	541	192	32:04:00	2:09	95	1:14:37	32.2	83	45:41:00	4:35
107	2:32:43	Mike HEALY	Calgary	7/16	Men 45-49	383	157	30:13:00	2:01	101	1:15:11	31.9	101	47:20:00	4:44
108	2:32:50	Tom KEOGH	Edmonton	8/16	Men 45-49	400	92	26:26:00	1:46	88	1:13:43	32.6	161	52:42:00	5:17
109	2:33:08	David HUNTLEY	Calgary	11/14	Men 20-24	553	93	26:29:00	1:46	99	1:15:04	32	150	51:36:00	5:10
110	2:33:09	Susan CALDER	Field	6/14	Women 35-39	333	154	30:07:00	2:01	136	1:19:10	30.3	65	43:53:00	4:24
111	2:33:13	Jim VANDERGOUWE	Coaldale	9/16	Men 45-49	523	149	29:55:00	2:00	117	1:17:04	31.1	90	46:15:00	4:38
112	2:33:25	Robert WARREN	Sundre	19/26	Men 35-39	527	89	26:14:00	1:45	149	1:20:52	29.7	91	46:20:00	4:38
113	2:33:50	Archie STEWART	Castlegar	10/16	Men 45-49	512	116	28:07:00	1:53	127	1:18:22	30.6	102	47:23:00	4:45
114	2:34:08	Loy SULLIVAN	Calgary	19/27	Men 30-34	517	37	23:06	1:33	161	1:22:31	29.1	119	48:32:00	4:52
115	2:34:16	Stan WATKINS	Kalispell	4/11	Men 50-54	529	148	29:54:00	2:00	85	1:12:55	32.9	149	51:28:00	5:09
116	2:34:17	Rod SAVILLE	Calgary	20/26	Men 35-39	555	113	27:59:00	1:52	106	1:15:27	31.8	141	50:52:00	5:06
117	2:34:27	Sarah LOEHR	Sherwood Par	6/24	Women 25-29	418	171	30:41:00	2:03	105	1:15:27	31.8	113	48:20:00	4:50
118	2:34:48	David HUGGILL	Canmore	14/21	Men 40-44	385	99	26:48:00	1:48	138	1:19:24	30.2	120	48:37:00	4:52
119	2:34:55	Donna SAWCHYN	Calgary	4/8	Women 45-49	490	167	30:31:00	2:03	135	1:19:01	30.4	77	45:24:00	4:33
120	2:35:00	Chantal MEADOWS	Calgary	10/24	Women 30-34	439	95	26:35:00	1:47	125	1:18:14	30.7	134	50:11:00	5:02
121	2:35:31	Heather SHEDDEN	Edmonton	7/24	Women 25-29	496	34	23:00	1:32	172	1:24:18	28.5	109	48:13:00	4:50
122	2:35:49	Shane MACLEOD	Calgary	21/26	Men 35-39	426	94	26:31:00	1:46	141	1:19:59	30	129	49:20:00	4:56
123	2:35:51	Jill PARRY	Edgewater	7/14	Women 35-39	460	107	27:27:00	1:50	155	1:21:27	29.5	97	46:58:00	4:42
124	2:35:54	Marina SPOLDI	Calgary	8/24	Women 25-29	510	50	23:58	1:36	142	1:20:03	30	153	51:53:00	5:12
125	2:36:00	Jennifer LUEBKE	Missoula	1/2	Women 16-19	420	45	23:44	1:35	112	1:16:29	31.4	185	55:47:00	5:35
126	2:36:12	Pete STANTON	Calgary	1/4	Men 55-59	511	188	31:45:00	2:07	90	1:13:47	32.5	136	50:41:00	5:05
127	2:36:13	Charlie LLEWELLYN	Calgary	5/8	Women 45-49	417	118	28:18:00	1:54	124	1:17:59	30.8	132	49:57:00	5:00

128	2:36:21	Tamlin REED	Calgary	5/9	Women 20-24	478	64	25:09:00	1:41	140	1:19:57	30	147	51:17:00	5:08
129	2:36:22	Angela NEWTON	Edmonton	9/24	Women 25-29	454	210	33:39:00	2:15	123	1:17:50	30.8	73	44:54:00	4:30
130	2:36:27	Mike PRESS	Calgary	2/4	Men 55-59	467	138	29:11:00	1:57	165	1:23:03	28.9	69	44:14:00	4:26
131	2:36:41	Derick BERRY	Fernie	20/27	Men 30-34	316	178	31:02:00	2:05	61	1:10:27	34.1	181	55:13:00	5:32
132	2:36:52	Tim FIX	Cranbrook	21/27	Men 30-34	369	193	32:07:00	2:09	69	1:10:59	33.8	168	53:46:00	5:23
133	2:37:12	Keith SONES	Castlegar	15/21	Men 40-44	507	194	32:08:00	2:09	120	1:17:24	31	105	47:41:00	4:47
134	2:37:14	Karen CHUGG	Calgary	1/5	Women 50-54	346	132	29:01:00	1:57	132	1:18:52	30.4	130	49:21:00	4:57
135	2:38:57	Diana RICHMOND	Calgary	11/24	Women 30-34	481	127	28:51:00	1:56	137	1:19:10	30.3	142	50:57:00	5:06
136	2:39:02	Patrick MANOR	Calgary	22/26	Men 35-39	430	146	29:53:00	2:00	148	1:20:44	29.7	114	48:26:00	4:51
137	2:40:17	Nicole RACH	Calgary	10/24	Women 25-29	470	122	28:28:00	1:54	153	1:21:06	29.6	138	50:43:00	5:05
138	2:40:31	Ted SAWFORD	Calgary	1/6	Men 60-64	491	199	32:32:00	2:11	131	1:18:41	30.5	128	49:18:00	4:56
139	2:41:08	Deanna EMPEY	Invermere	5/16	Women 40-44	365	203	32:46:00	2:12	158	1:21:50	29.3	93	46:33:00	4:40
140	2:41:11	Paul SMITH	Calgary	22/27	Men 30-34	502	43	23:42	1:35	129	1:18:38	30.5	205	58:52:00	5:54
141	2:41:27	Shawn MACLEAN	Calgary	23/27	Men 30-34	425	137	29:09:00	1:57	156	1:21:29	29.5	140	50:49:00	5:05
142	2:41:35	Jen STRONGE	Golden	8/14	Women 35-39	514	130	28:57:00	1:56	159	1:22:30	29.1	133	50:09:00	5:01
143	2:41:47	Leon KENNES	Lethbridge	11/16	Men 45-49	399	136	29:09:00	1:57	175	1:24:33	28.4	107	48:06:00	4:49
144	2:41:51	Joshua NAKASKA	Calgary	9/12	Men 25-29	453	114	28:01:00	1:53	152	1:21:02	29.6	163	52:48:00	5:17
145	2:41:52	Martina BEZZOLA	Golden	6/9	Women 20-24	317	70	25:24:00	1:42	191	1:27:28	27.4	127	49:02:00	4:55
146	2:41:55	John AZZOPARDI	Ronan	16/21	Men 40-44	308	215	34:03:00	2:17	62	1:10:27	34.1	200	57:25:00	5:45
147	2:42:05	Shawn TOMLIN	Cranbrook	10/12	Men 25-29	542	133	29:01:00	1:57	176	1:24:50	28.3	111	48:14:00	4:50
148	2:42:10	Susan FINLEY	Calgary	6/16	Women 40-44	368	144	29:42:00	1:59	146	1:20:27	29.8	155	52:01:00	5:13
149	2:42:19	Justin KARIYA	Langley	12/14	Men 20-24	397	151	30:01:00	2:01	100	1:15:10	31.9	198	57:09:00	5:43
150	2:42:24	Kelly JAMISON	Calgary	12/16	Men 45-49	389	120	28:25:00	1:54	157	1:21:36	29.4	160	52:24:00	5:15
151	2:42:27	Alice DASZKOWSKI	Calgary	7/16	Women 40-44	353	110	27:40:00	1:51	143	1:20:04	30	179	54:43:00	5:29
152	2:42:37	Sarah CHESNEY	Cranbrook	12/24	Women 30-34	342	170	30:37:00	2:03	167	1:23:15	28.8	123	48:47:00	4:53
153	2:42:40	Linnea MAWER	Calgary	13/24	Women 30-34	433	83	25:57:00	1:44	147	1:20:33	29.8	187	56:11:00	5:38
154	2:43:07	Corstiaan DEWAARD	Cranbrook	5/11	Men 50-54	356	200	32:42:00	2:11	111	1:16:18	31.5	173	54:08:00	5:25
155	2:43:22	Richard MILLER	Banff	17/21	Men 40-44	443	140	29:27:00	1:58	139	1:19:30	30.2	178	54:26:00	5:27
156	2:44:00	Kristen MURRAY	Calgary	14/24	Women 30-34	450	121	28:25:00	1:54	173	1:24:22	28.4	146	51:13:00	5:08
157	2:44:00	Sandy MCEWEN	Calgary	15/24	Women 30-34	436	139	29:21:00	1:58	164	1:23:03	28.9	151	51:37:00	5:10
158	2:44:37	Melissa SKIRTEN	Calgary	11/24	Women 25-29	500	97	26:46:00	1:48	150	1:21:02	29.6	196	56:50:00	5:41
159	2:45:02	Peter PHILLIPS	Calgary	6/11	Men 50-54	551	169	30:36:00	2:03	183	1:25:57	27.9	118	48:30:00	4:51
160	2:45:08	Maria DIBB	Invermere	8/16	Women 40-44	357	158	30:13:00	2:01	186	1:26:42	27.7	110	48:14:00	4:50
161	2:45:23	Kelly WILLIAMSON	Calgary	12/24	Women 25-29	533	141	29:29:00	1:58	166	1:23:06	28.9	162	52:48:00	5:17
162	2:45:34	Julie MCDONALD	Calgary	16/24	Women 30-34	435	85	26:04:00	1:45	194	1:28:23	27.2	144	51:08:00	5:07
163	2:45:39	Leo PINEDA	Calgary	24/27	Men 30-34	464	177	31:01:00	2:05	163	1:23:02	28.9	152	51:37:00	5:10
164	2:46:01	Wayne LLEWELLYN	Calgary	13/16	Men 45-49	416	162	30:20:00	2:02	144	1:20:08	30	184	55:34:00	5:34
165	2:46:17	Richelle JOHNSTON	Calgary	13/24	Women 25-29	394	102	26:57:00	1:48	154	1:21:12	29.6	202	58:09:00	5:49
166	2:46:18	Cathy RANKIN	Calgary	2/5	Women 50-54	474	131	28:59:00	1:56	178	1:25:15	28.2	156	52:04:00	5:13
167	2:46:20	Deborah JEPSON	Cranbrook	6/8	Women 45-49	391	156	30:11:00	2:01	182	1:25:28	28.1	137	50:41:00	5:05
168	2:47:00	Stephen MIDDLETON	Edmonton	14/16	Men 45-49	441	204	32:52:00	2:12	145	1:20:14	29.9	171	53:55:00	5:24
169	2:47:23	Margot PATERSON	Windermere	9/16	Women 40-44	462	117	28:10:00	1:53	162	1:22:52	29	190	56:22:00	5:39
170	2:48:01	George BICHSEL	Calgary	2/6	Men 60-64	321	207	33:10:00	2:13	126	1:18:16	30.7	192	56:36:00	5:40
171	2:48:17	Jen STICKEL	Lethbridge	17/24	Women 30-34	513	109	27:37:00	1:51	192	1:27:39	27.4	165	53:03:00	5:19
172	2:48:44	Paul YASINSKI	Cranbrook	18/21	Men 40-44	537	231	38:46:00	2:36	151	1:21:02	29.6	126	48:57:00	4:54
173	2:48:54	Greg BURROWS	Calgary	25/27	Men 30-34	329	220	35:42:00	2:23	134	1:18:59	30.4	175	54:14:00	5:26

174	2:50:11	Megan JONES	Cranbrook	14/24	Women 25-29	396	212	33:47:00	2:16	160	1:22:31	29.1	170	53:54:00	5:24
175	2:50:17	Steve NITSCHKE	Calgary	13/14	Men 20-24	455	216	34:14:00	2:17	169	1:23:53	28.6	157	52:12:00	5:14
176	2:50:35	Julie ANDERSON	Blairmore	18/24	Women 30-34	303	208	33:20:00	2:14	133	1:18:53	30.4	203	58:24:00	5:51
177	2:51:02	Anne-Marie CHASSE	Calgary	9/14	Women 35-39	340	211	33:41:00	2:15	122	1:17:48	30.8	209	59:33:00	5:58
178	2:51:53	Lyle PARR	Lethbridge	19/21	Men 40-44	459	184	31:33:00	2:07	185	1:26:06	27.9	177	54:15:00	5:26
179	2:52:03	Steve MCVICAR	Rossland	7/11	Men 50-54	438	221	36:00:00	2:24	189	1:27:09	27.5	125	48:55:00	4:54
180	2:52:16	Angela KOKOTT	Calgary	10/16	Women 40-44	403	80	25:35:00	1:43	203	1:31:18	26.3	183	55:24:00	5:33
181	2:52:24	Susanna HURD	Calgary	15/24	Women 25-29	561	155	30:10:00	2:01	188	1:27:04	27.6	180	55:11:00	5:32
182	2:52:51	Gina CHIVERS	Windermere	3/5	Women 50-54	344	218	35:12:00	2:21	168	1:23:46	28.7	169	53:54:00	5:24
183	2:53:43	Mike TOWNLEY	Lethbridge	15/16	Men 45-49	522	196	32:14:00	2:09	212	1:35:04	25.2	92	46:25:00	4:39
184	2:54:06	Ernest SMITH	Calgary	8/11	Men 50-54	504	198	32:23:00	2:10	202	1:31:03	26.4	135	50:40:00	5:04
185	2:54:08	John REID	Calgary	3/4	Men 55-59	479	186	31:37:00	2:07	190	1:27:17	27.5	182	55:15:00	5:32
186	2:54:12	Peter LEE	Nelson	9/11	Men 50-54	414	179	31:03:00	2:05	181	1:25:27	28.1	201	57:44:00	5:47
187	2:54:35	Darrell CALLANDER	Fort Saskatc	16/16	Men 45-49	334	222	36:22:00	2:26	174	1:24:32	28.4	167	53:42:00	5:23
188	2:54:58	Jen REDMAN	Calgary	19/24	Women 30-34	477	106	27:13:00	1:49	199	1:30:25	26.5	199	57:22:00	5:45
189	2:55:37	Monika DORIG	Cranbrook	7/9	Women 20-24	360	181	31:04:00	2:05	200	1:30:52	26.4	166	53:41:00	5:23
190	2:56:29	Stu HOWARD	Cranbrook	10/11	Men 50-54	559	219	35:32:00	2:23	171	1:24:08	28.5	195	56:50:00	5:41
191	2:56:39	Kathy TISSINGTON	Calgary	16/24	Women 25-29	520	190	31:49:00	2:08	205	1:32:30	25.9	158	52:21:00	5:15
192	2:56:45	Evangeline LECLAIR	Calgary	8/9	Women 20-24	412	189	31:48:00	2:08	195	1:28:39	27.1	189	56:19:00	5:38
193	2:56:48	Stan BLADON	Calgary	3/6	Men 60-64	323	195	32:12:00	2:09	198	1:30:23	26.6	176	54:14:00	5:26
194	2:57:16	Charles CASSELMAN	Cranbrook	23/26	Men 35-39	338	233	39:39:00	2:39	179	1:25:16	28.1	159	52:21:00	5:15
195	2:58:39	Kendra KONKIN	Cranbrook	17/24	Women 25-29	404	217	34:17:00	2:18	170	1:24:04	28.5	211	1:00:19	6:02
196	2:58:55	Paul LONG	Calgary	4/6	Men 60-64	419	205	32:55:00	2:12	184	1:25:57	27.9	210	1:00:04	6:01
197	2:59:17	Richard ALLEN	Missoula	5/6	Men 60-64	301	134	29:03:00	1:57	201	1:30:55	26.4	207	59:20:00	5:56
198	2:59:48	Chad RATHGEBER	Claresholm	26/27	Men 30-34	475	165	30:26:00	2:02	206	1:32:41	25.9	194	56:42:00	5:41
199	3:00:00	Sophia SMITH	Creston	10/14	Women 35-39	503	160	30:17:00	2:02	180	1:25:21	28.1	222	1:04:22	6:27
200	3:02:13	Laura WHITTAKER	Calgary	11/16	Women 40-44	530	209	33:35:00	2:15	211	1:34:26	25.4	174	54:13:00	5:26
201	3:02:32	Allison MURRAY	Calgary	18/24	Women 25-29	449	163	30:24:00	2:02	216	1:36:12	24.9	186	55:57:00	5:36
202	3:04:00	Casey BRENNAN	Fernie	24/26	Men 35-39	324	214	33:59:00	2:16	207	1:32:54	25.8	197	57:08:00	5:43
203	3:04:31	Victoria DODD	Calgary	11/14	Women 35-39	358	202	32:45:00	2:11	223	1:38:49	24.3	164	52:58:00	5:18
204	3:04:50	Chris BISSONETTE	Elkford	11/11	Men 50-54	322	108	27:35:00	1:51	210	1:34:20	25.4	219	1:02:56	6:18
205	3:05:45	Heidi VANRY	Edmonton	19/24	Women 25-29	524	206	33:02:00	2:13	227	1:41:31	23.6	145	51:13:00	5:08
206	3:06:55	Ross SALVADOR	Cranbrook	25/26	Men 35-39	556	229	38:24:00	2:34	196	1:29:07	26.9	208	59:24:00	5:57
207	3:07:12	Gary BILLMARK	Cranbrook	6/6	Men 60-64	319	172	30:46:00	2:04	218	1:37:25	24.6	206	59:02:00	5:55
208	3:07:54	Lisa KLIPPENSTEIN	Creston	2/2	Women 16-19	402	126	28:40:00	1:55	215	1:35:27	25.1	221	1:03:48	6:23
209	3:08:16	Frederickson LAINEY	Radium	9/9	Women 20-24	408	59	24:57:00	1:40	220	1:38:06	24.5	224	1:05:14	6:32
210	3:08:24	Heather ANDERSON	Calgary	12/16	Women 40-44	304	234	39:55:00	2:40	197	1:29:53	26.7	204	58:37:00	5:52
211	3:08:42	Kartika TJANDRA	Calgary	12/14	Women 35-39	521	124	28:30:00	1:54	214	1:35:25	25.2	223	1:04:47	6:29
212	3:10:18	Liza MAZUR	Cranbrook	20/24	Women 30-34	560	235	40:46:00	2:44	187	1:26:54	27.6	217	1:02:39	6:16
213	3:12:38	Colleen CUTHBERT	Calgary	13/14	Women 35-39	549	230	38:37:00	2:35	217	1:37:22	24.6	193	56:40:00	5:40
214	3:12:40	Ann WILLIAMS	Edmonton	20/24	Women 25-29	531	237	41:03:00	2:45	219	1:37:38	24.6	172	53:59:00	5:24
215	3:13:32	Jean-Paul LAFLEUR	Golden	11/12	Men 25-29	407							99	47:08:00	4:43
216	3:14:11	Catherine RIDDELL	Calgary	21/24	Women 25-29	482	197	32:17:00	2:10	204	1:32:13	26	231	1:09:41	6:59
217	3:15:53	Don FRANTZ	Lethbridge	1/1	Men 70+	370	182	31:08:00	2:05	213	1:35:24	25.2	230	1:09:22	6:57
218	3:16:27	Trudy BADGER	Calgary	1/1	Women 60-64	310	187	31:41:00	2:07	222	1:38:48	24.3	226	1:05:58	6:36
219	3:16:33	Grant POLLOCK	Calgary	4/4	Men 55-59	466	238	41:09:00	2:45	224	1:39:07	24.2	188	56:18:00	5:38

220	3:16:57	Carol PAKKALA	Cranbrook	14/14	Women 35-39	458	225	36:37:00	2:27	177	1:25:08	28.2	233	1:15:12	7:32
221	3:18:03	Monique MORDEN	Calgary	13/16	Women 40-44	445	223	36:30:00	2:26	209	1:34:15	25.5	229	1:07:19	6:44
222	3:18:09	Margaret FIELDS	Field	14/16	Women 40-44	367	175	30:52:00	2:04	226	1:40:03	24	228	1:07:16	6:44
223	3:18:42	Stephen LUNN	Leth	12/12	Men 25-29	421	226	37:31:00	2:31	225	1:39:36	24.1	213	1:01:36	6:10
224	3:19:04	Debby SIGOUIN	Calgary	15/16	Women 40-44	497	87	26:12:00	1:45	208	1:33:59	25.5	234	1:18:53	7:54
225	3:19:10	Stacy DOWLING	Calgary	21/24	Women 30-34	361	232	39:09:00	2:37	221	1:38:47	24.3	212	1:01:15	6:08
226	3:21:33	Gen ONG	Calgary	22/24	Women 25-29	456	228	38:22:00	2:34	228	1:41:31	23.6	214	1:01:41	6:11
227	3:21:45	Anne BARAN	Edmonton	1/1	Women 55-59	313	185	31:37:00	2:07	229	1:44:27	23	225	1:05:42	6:35
228	3:22:55	Susan CAMERON	Calgary	22/24	Women 30-34	335							218	1:02:39	6:16
229	3:23:09	Shannon MACMILLAN	Calgary	23/24	Women 30-34	427	173	30:47:00	2:04	232	1:49:23	21.9	220	1:02:59	6:18
230	3:30:35	Cathy BROWN	Edson	16/16	Women 40-44	325	239	43:03:00	2:53	230	1:45:47	22.7	215	1:01:46	6:11
231	3:30:35	Tracy BUSSEY	Edson	23/24	Women 25-29	330	227	37:48:00	2:32	233	1:51:02	21.6	216	1:01:46	6:11
232	3:35:36	Lynal DOERKSEN	Fort McMurra	20/21	Men 40-44	359	236	40:57:00	2:44	231	1:48:17	22.2	227	1:06:23	6:39
233	3:39:33	Jason ISFELD	Lethbridge	26/26	Men 35-39	387	183	31:19:00	2:06	234	1:54:44	20.9	232	1:13:32	7:22
234		LAURA MAGUIRE		24/24	Women 25-29	562				193	1:27:44	27.4	191	56:24:00	5:39
235 DNF		Dawn BERG	Victoria	24/24	Women 30-34	315	35	23:02	1:33	53	1:09:39	34.5			
236		Charlene OWEN	Calgary	7/8	Women 45-49	457	78	25:32:00	1:43	104	1:15:24	31.8			
237		Luke WAY	Calgary	14/14	Men 20-24	554	21	22:13	1:29						
238 DNF		Barb RANKIN	Calgary	4/5	Women 50-54	473	75	25:30:00	1:42						
239 DNF		Robert WILSON	Victoria	27/27	Men 30-34	534	115	28:04:00	1:53						
240		Stephen FARMER	Calgary	21/21	Men 40-44	366	161	30:18:00	2:02						
241		Sheila ARTUS	Calgary	8/8	Women 45-49	307	213	33:50:00	2:16						
242 DNF		Cheryl JOHNSON	Nanton	5/5	Women 50-54	392	224	36:34:00	2:27						